

CRYSTEL MONTENEGRO HOME

— CELEBRATING —  
VALENTINE'S DAY





Valentine's Day has always been one of those not-so-sure-it's-a-real-holiday-but-I'd-like-it-to-be sort of holidays but my husband refuses to recognize it as an official holiday under the pretense that "we celebrate it every day of the year". But me, I'm down to celebrate any holiday anytime, whether it be made up or not. I like a party!

I asked my audience how they celebrate and got a lot of great feedback that I will be sharing with you in this booklet, as well as my own ideas for how we celebrate it here in the Montenegro household.

I hope you find this helpful! I love to share the love!

*Crystel Montenegro*



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# VALENTINE'S WITH KIDS & FAMILY



## TRADITIONS & WAYS TO CELEBRATE

Talk about God's & Christ's love as a family and read the scriptures about God's love for us.

For your older kids, show your love by giving your kids an act of service like cleaning their room or car and leaving a love note.

"Heart Attack" a friend or neighbors door by covering it with hearts with kind words written on them.

Make Valentine's Day / heart shaped treats and share them with your neighbors.

Help your kids make a handmade paper valentine for their siblings or teachers.

Consider sending Valentine's Day cards instead of Christmas cards.

Hold a special Valentines Day dinner with decorations, and take turns talking about what you love about each member of the family

Decorate a Valentines Day Tree - similar to a christmas tree

Arrange a Valentines basket for each kid with items that represent what you love most about them

## MEAL IDEAS

Make the "every day" mealtime special with your nicest plates, napkins, and a table cloth.

Surprise your kids with heart shaped donuts or pancakes for breakfast.

Have "Italian Night" with Fettuccine Alfredo / Italian food and a special dessert.

Get your favorite take out meal and have a picnic in the living room.

Have a seafood or surf & turf meal at home together.

Make chocolate covered strawberries with the kids. It is easy for them to dip!

Have homemade pizza night and shape the crust into a heart.

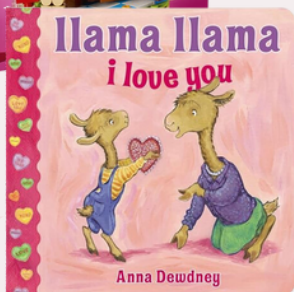
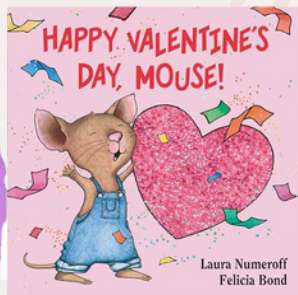
Have a special tea party together with finger food & nice plates and cups

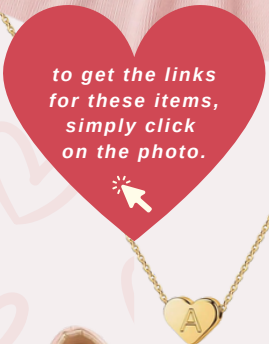
Have a fondue night with the theme "Fondue of you".





# KIDS GIFTS





# GIRLS OUTFITS







# BOYS OUTFITS



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on the photo.*



# VALENTINE'S WITH YOUR GALENTINES



## FAVORITE THINGS PARTY

A favorite things party is a unique way to get to know your girlfriends! Each person gets to bring and share something they love - and everyone goes home with a few new things to try!

First, set a budget. Each guest will bring three of the same item, unwrapped. So, if your budget is \$30, each item should be \$10.

When your guests arrive, have them write their name on three pieces of paper.

When you start the game portion of your party, one person will start by explaining their favorite thing item and why they love it. Then that same person will draw three names and give them each their favorite thing item. The bowl then gets passed to the next person until all gifts are given away.

## OTHER ACTIVITY IDEAS

Valentine's craft night: make bracelets, do a paint by number, make doormats, wreaths, or garlands.

Play "Heads Up" or Valentine's Trivia

Have a at home spa night and do pedicures and facials.

## FOOD IDEAS

Assign every guest a different charcuterie board

Make cheese & chocolate fondue to share

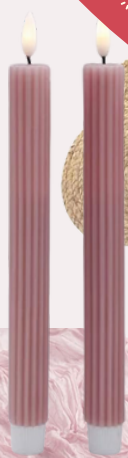
Have a cookbook night where everyone picks a recipe to make from the same cookbook





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# CMH TABLE SCAPE





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## CASUAL LOOKS



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## VALENTINE'S WITH YOUR SIGNIFICANT OTHER



Celebrating Valentine's Day with your significant other can come with a lot of pressure. I want to take that pressure off of you and encourage you to just enjoy the day celebrating the love you have for your spouse or significant other.

Even if you aren't into the gift giving or going out to dinner part, you can celebrate in small & simple ways.

Here are some of my ideas:

Write them a love note with a whiteboard marker on the bathroom mirror.

Pickup their favorite treat to share after the kids go to bed.

Plan a simple date night in, so no one has to cook. Include a board game or conversation cards to connect.

Give an act of service. Take over dish duty or fill their car up with gas. Wake up early to make breakfast to share.

## SELF - LOVE VALENTINE'S DAY



Whether or not you have a significant other you celebrate Valentine's Day with, Valentine's Day can also be celebrated by taking care of and loving yourself. Before we can pour into others cups, ours first has to be full.

Here are some ways you can take care of yourself on Valentine's Day:

Schedule yourself a spa day. Either take the day off and do one at home, or go somewhere to relax and take some time off.

Give yourself permission to have a quiet night at home. Schedule the chores and errands for another day and plan an evening with your favorite takeout, TV show, or book.

Go for a walk first thing in the morning. Start your day outside and moving your body. Your mental health will thank you.

Take a class. Try something new by taking a cooking, painting, or exercise, class. Grow & develop new hobbies!

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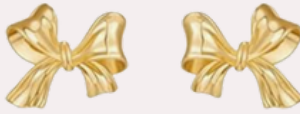
# DRESSY LOOKS



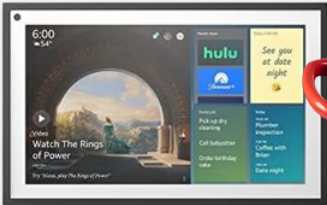
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# GIFTS FOR HER



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# MENS LOOKS



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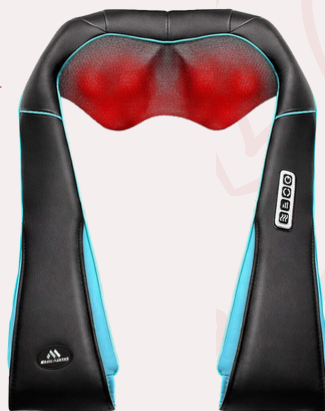




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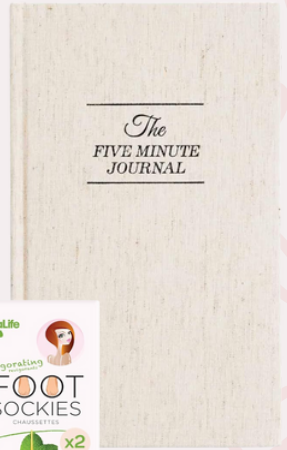
# GIFTS FOR HIM



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# SELF LOVE GIFTS



Spa Set for Hand, Foot, Nail, & Face  
10 Piece Gift Set



