

Morning Routine

Read Scriptures / Conference talk / Ensign
Exercise
Make Breakfast
Get kids ready for the day
Shower
Read Evelyn books

Planning Day

Family council
Write in journal
Plan meals for the week
Plan Flex Day Projects
Plan cleaning day problem areas
Track Expenses
Read conference talk

Blogging Day

Gather / Organize / Edit Photos
Write blog post
Schedule Post / SEO
Write / Schedule email
Schedule / Pin to Pinterest
Schedule pins on Tailwind
Watch blogging videos

- Youtube
- Building a Framework
- Pinfinite Growth

Post to Instagram / Facebook
Make Social Media Friends
Plan Future Posts

Cleaning Day

Laundry
Mow Lawn (Once weekly)
Surface clean kitchen

- Table
- Countertops
- Dishes
- Sweep/mop floor
- Clean out refrigerator

Surface clean living room

- Pick up floors
- Clean off couches/tables
- Clean off desk
- Vacuum

Surface clean bathrooms

- Toilet
- Countertops
- Mirrors
- Floors
- Re-stock towels/TP/ soap

Surface clean bedrooms

- Pick up floors
- Make beds
- Vacuum
- Clean off dressers/nightstands

Pick one problem area to organize / deep clean
Vacuum/wash/clean out vehicles
Take Evelyn to park
Grocery shop
Track expenses / update budget

Flex Day

Work on projects
Schedule hair / lash appointments
Read nutrition books
Make yogurt, bread, kimchi, etc.
Practice Piano
Practice hand lettering
Practice watercolor
Take Evelyn to park
Grocery shopping
Track Expenses
Plan Relief Society Lesson

Post-Evening Routine

Track Expenses
Shower
Paint Fingernails
Pluck Eyebrows /Shave Legs
Read Nutrition / Book club books
Practice Hand lettering
Practice painting

Evening Routine

Make Dinner
Clean up Dinner

- Dishes
- Table
- Countertops

Help Evelyn clean living room
Bath Time
Brush teeth / Say prayers
Bedtime

Potential Flex Day Projects

Potential Cleaning Day Projects

This Week's Flex Day Projects

Flex Day 1	Flex Day 2

This Week's Cleaning Day Projects

Cleaning Day 1	Cleaning Day 2

Meal Plan

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Grocery List

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