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Planning Day

Family council

Write in journal

Plan meals for the week

Plan Flex Day Projects

Plan cleaning day problem areas

Track Expenses

Read conference talk

Morning Routine

Read Scriptures / Conference talk / Ensign

Exercise

Make Breakfast

Get kids ready for the day

Shower

Read Evelyn books

Flex Day

Cleaning Day

Blogging Day

Gather / Organize / Edit Photos

Write blog post

Schedule Post / SEO

Write / Schedule email

Schedule / Pin to Pinterest

Schedule pins on Tailwind

Watch blogging videos

* Youtube
* Building a Framework
* Pinfinite Growth

Post to Instagram / Facebook

Make Social Media Friends

Plan Future Posts

Laundry

Mow Lawn (Once weekly)

Surface clean kitchen

* Table
* Countertops
* Dishes
* Sweep/mop floor
* Clean out refrigerator

Surface clean living room

* Pick up floors
* Clean off couches/tables
* Clean off desk
* Vacuum

Surface clean bathrooms

* Toilet
* Countertops
* Mirrors
* Floors
* Re-stock towels/TP/ soap

Surface clean bedrooms

* Pick up floors
* Make beds
* Vacuum
* Clean off dressers/nightstands

Pick one problem area to organize / deep clean

Vacuum/wash/clean out vehicles

Take Evelyn to park

Grocery shop

Track expenses / update budget

Work on projects

Schedule hair / lash appointments

Read nutrition books

Make yogurt, bread, kimchi, etc.

Practice Piano

Practice hand lettering

Practice watercolor

Take Evelyn to park

Grocery shopping

Track Expenses

Plan Relief Society Lesson

Post-Evening Routine

Evening Routine

Track Expenses

Shower

Paint Fingernails

Pluck Eyebrows /Shave Legs

Read Nutrition / Book club books

Practice Hand lettering

Practice painting

Make Dinner

Clean up Dinner

* Dishes
* Table
* Countertops

Help Evelyn clean living room

Bath Time

Brush teeth / Say prayers

Bedtime

Potential Cleaning Day Projects

Potential Flex Day Projects

This Week’s Flex Day Projects

|  |  |
| --- | --- |
| Flex Day 1 | Flex Day 2 |
|  |  |

This Week’s Cleaning Day Projects

|  |  |
| --- | --- |
| Cleaning Day 1 | Cleaning Day 2 |
|  |  |

Meal Plan

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  |  |  |  |  |  |

Grocery List